

Canyon	Difficulty	Duration	Price
Weerberg	Easy	3-4 hrs	49€
Rosengarten (middle)	Easy	3-4 hrs	49€
Rosengarten (upper)	Medium	5-6 hrs	89€
Auerklamm (Lower)	Medium/Hard	5-6 hrs	79€
Auerklamm (Low & Mid)	Medium/Hard	5-7 hrs	89€
Cascade	Medium	4-5 hrs	79€
Kronburg	Hard	5-7 hrs	79€

### Included in price with every trip...

- Transfer to the start of the Canyon
- Complete white-water Canyoning clothing
- Specialized Canyoning harness with bum protection
- Helmet
- Internationally qualified Canyoning Guide
- Photo's from the trip on cd

### What you should bring with you...

- Swimsuit/Costume
- Towel
- Mountain/Trekking shoes
- Good sense of humour!



### How much experience do I need to have and/or how physically fit do I need to be?

This is a question often asked. A basic fitness and mobility are required but we choose the most suitable Canyon for you. The Canyons range enormously in how physically exerting they are and how technically difficult they are. We have the experience to choose the Canyon to suit your needs, allowing you the thrill and excitement without being out of your depth.

Any question please call on: 00436765657005 or send me an Email: [dougal@alpinelements.com](mailto:dougal@alpinelements.com)